health into El Rio's model, developed a Patient Care Committee and assisted the formation of the health center pain program, integrated the only community birthing center into El Rio's programs, chaired the first HRSA National Clinical Pharmacy Collaborative and served as chairman of the board for AZ Connected Care (Tucson's first Accountable Care Organization).

His contributions to the well-being of the community have been recognized through his many service and civic awards including: the LULAC Presidential Citation, the FBI Community Service award, the NAACP Community Service Award, the Rosa Parks Community Service Award.

Today I honor Dr. Arthur Martinez for his dedicated and faithful service of 20 years to El Rio CHC, Tucson and the Pima County, Arizona, community. May his example provide a path for others to follow.

# SEPTEMBER IS SUICIDE PREVENTION MONTH

#### HON. KYRSTEN SINEMA

OF ARIZONA

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 26, 2013

Ms. SINEMA. Mr. Speaker, I want to thank Congresswoman SINEMA for organizing this special order today. For far too long, we have treated mental illness as a by-product of physical injuries, and that those who suffer from mental illness just need to get over it.

September is Suicide Prevention Month, and mental health is a big part of the causes of these fatalities.

The VA is on the forefront of treating mental health. The soldiers, sailors, airmen and Marines who served in Iraq and Afghanistan survived at a rate that far outstripped that of any other war that America was involved in. That is due to the cutting edge protections and armor that we outfitted our military with. A side effect of this protection was that they were coming back injured, and many of those injuries were not physically evident. Traumatic Brain Injury, Post Traumatic Stress Disorder.

Post-traumatic stress disorder (PTSD) can occur after one has experienced a traumatic event. A traumatic event can involve the threat of injury or death. Traumatic events that can lead to PTSD include but are not limited to: combat exposure, physical abuse, sexual or physical assault (including Military Sexual Trauma), and serious accidents, like a car wreck

PTSD symptoms usually start soon after the traumatic event, but may not appear until months or years later. They also may come and go over many years. There are four types of symptoms of PTSD: Reliving the event, avoiding situations that remind you of the event, negative changes in feelings towards yourself and others, feeling too alert (hyperarousal).

PTSD develops differently from person to

The VA has developed the Veterans Crisis Line, where free, confidential support is available 24 hours a day, seven days a week, 365 days a year, to Veterans, their families and friends.

As part of this service, online chat and textmessaging services are also offered for free. Veterans, or anyone concerned about a Veteran, can call 1–800–273–8255 and Press 1, chat online at VeteransCrisisLine.net/Chat or text 838255 to receive support—even if they are not registered with VA or enrolled in VA health care. All Veterans Crisis Line resources are optimized for mobile devices.

Since 2007, the Veterans Crisis Line has answered more than 890,000 calls and made more than 30,000 lifesaving rescues. In 2009, the Veterans Crisis Line added the anonymous chat service, which has had more than 108,000 chats.

I want to thank the Congresswoman from Tuscon for organizing this Special Order today, and commend her leadership on this issue, which is so important for so many people.

## PANCREATIC CANCER RESEARCH

## HON. JAMES R. LANGEVIN

OF RHODE ISLAND

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 26, 2013

Mr. LANGEVIN. Mr. Speaker, I recently met with a passionate constituent from Rhode Island who told me of her mother's struggles with pancreatic cancer. Katie Boucher recounted the story of her mother, Marie Boucher, who was diagnosed in 2008 and passed away just four months later at the age of 59. Her story resonated with me, not only because my own grandfather battled pancreatic cancer, but because an estimated 45,000 people were diagnosed with this illness in 2013 alone.

Despite great advancements in medical science, we are still woefully behind the mark when it comes to pancreatic cancer. To make matters worse, the budgetary impacts of sequestration are forcing cut-backs at the National Institutes of Health, which is responsible for funding much of the biomedical research across the country.

Mr. Speaker, we can achieve deficit reduction without sacrificing the vital research that not only drives better health outcomes, but also drives our local economies. I ask my colleagues to join me in urging stronger funding leagues to NIH and a stronger focus on biomedical research, not just for Marie Boucher and her daughter, but for the thousands of people who are fighting for their lives in every single district across the country.

### PERSONAL EXPLANATION

#### HON. PETER J. VISCLOSKY

OF INDIANA

IN THE HOUSE OF REPRESENTATIVES Thursday, September 26, 2013

Mr. VISCLOSKY. Mr. Speaker, on September 25, 2013, I was absent from the House and missed rollcall votes 484 and 485.

Had I been present for rollcall vote 484, on the motion to suspend the rules and pass H.R. 1961, to amend title 46, United States Code, to extend the exemption from the fire-retardant materials construction requirement for vessels operating within the Boundary Line, I would have voted "yes."

Had I been present for rollcall vote 485, on the motion to suspend the rules and agree to H. Res. 354, providing for the concurrence by the House in the Senate amendment to H.R. 527, with an amendment, I would have voted "ves."

 $\begin{array}{c} \text{NATIONAL FARM SAFETY AND} \\ \text{HEALTH WEEK} \end{array}$ 

## HON. TED S. YOHO

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES Thursday, September 26, 2013

Mr. YOHO. Mr. Speaker, I rise today to recognize and honor all of the farmers, ranchers, farm hands, veterinarians and families who work tirelessly and have dedicated their lives to our nation's agriculture.

As the 2013 National Farm Safety and Health week comes to a close, I am reminded of the tireless dedication to the safe and best practices that our farmers and ranchers employ while providing not just our nation's breakfast, lunch and dinner but the world's as well.

As a large animal veterinarian, I have had the privilege of working alongside some of the best and hardest working Americans in the country who are typically referred to as salt of the earth type folks. I recognize that it is no easy task to feed the United States let alone the world as well, which is why it is so important to keep our farmers and ranchers safe.

The Department of Labor identifies the agricultural sector as the most dangerous industry in America. As technology improves and we are able to better share best practices, I encourage everyone to do their part to promote the importance of safety in the agricultural industry.

America is known as the bread basket of the world thanks to all our hardworking ranchers and farmers. Thank you all for continuing to build and promote a better, safer and more productive industry.

## PERSONAL EXPLANATION

#### HON. BILL SHUSTER

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES Thursday, September 26, 2013

Mr. SHUSTER. Mr. Speaker, on rollcall No. 484, had I been present, I would have voted "yea."

KAREN McKAY OF FLORISSANT, MISSOURI RECEIVES TOP VOL-UNTEER AWARD FOR EXCEL-LENCE IN CANCER-FIGHTING AD-VOCACY WORK ON SEPTEMBER 17, 2013

#### HON. WM. LACY CLAY

OF MISSOURI

IN THE HOUSE OF REPRESENTATIVES Thursday, September 26, 2013

Mr. CLAY. Mr. Speaker, Karen McKay of Florissant, Missouri was awarded ACT! Lead of the Year by the American Cancer Society Cancer Action Network (ACS CAN) for her dedicated volunteer and advocacy work to help make cancer a national priority.

This annual award is given to a lead congressional district volunteer who has demonstrated unfailing leadership advocating for